COVID-19 Update
(Coronavirus Disease 2019)

DuPage County Mayor’s Conference Call

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(630) 682-7400   www.dupagehealth.org
## Public Health Response:
### Containment and Mitigation

<table>
<thead>
<tr>
<th>Phase 1:</th>
<th>Phase 2: (Phase 1):</th>
<th>Phase 3: (Phase 1&amp;2):</th>
<th>Phase 4: (Phase 1&amp;2):</th>
<th>Phase 5:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Case identification, active monitoring</td>
<td>Broader community-wide education and preparation</td>
<td>Implementation of some or all non-pharmaceutical intervention activities</td>
<td>Vaccine and treatment availability (12-24 months)</td>
<td>On-going/routine disease, vaccination efforts</td>
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</tbody>
</table>

### Businesses

- **BE AWARE AND PREPARE**
- **MINIMIZE IMPACT**
- **HEALTHY HABITS**

(630) 682-7400  www.dupagehealth.org
# PUBLIC HEALTH GUIDANCE FOR BUSINESSES

<table>
<thead>
<tr>
<th>Public Health Phase #</th>
<th>Description</th>
<th>What Businesses Should Do</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Isolated cases with clear link to outbreak areas</td>
<td>• Ensure administrative &amp; health staff understand and monitor the situation</td>
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<td>• Ensure routine environmental cleaning and promote everyday preventative actions</td>
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<td></td>
<td></td>
<td>• Review employee absenteeism patterns</td>
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<tr>
<td></td>
<td></td>
<td>• Review attendance and sick leave policies</td>
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<tr>
<td></td>
<td></td>
<td>• Strengthen coordination/linkage with DCHD</td>
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<tr>
<td>2</td>
<td>Community spread begins and increases</td>
<td>• Implement employee absenteeism system, if not already established</td>
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<td></td>
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<td>• Finalize/implement telecommuting policies and share with employees</td>
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<td></td>
<td></td>
<td>• Review business COOP plans and assure options for NPIs/social distancing strategies</td>
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<td>• Increase messaging to employees and customers</td>
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<tr>
<td>3</td>
<td>Community spread expands - cases identified in community</td>
<td>• Begin to implement COOP plans w/NPIs and layering strategies as needed</td>
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<td></td>
<td></td>
<td>• Coordinate alternate plans for meetings, conferences or events</td>
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<tr>
<td>4</td>
<td>Treatment/Vaccine Availability - identify target groups</td>
<td>• Coordinate messaging regarding treatment/vaccination</td>
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<td></td>
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<td>• Consider alternate/flex schedules</td>
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</tbody>
</table>

* Refer to CDC’s Interim Guidance for Businesses and Employers to Plan and Respond to Coronavirus Disease 2019 (COVID-19)

Monitoring health-related absenteeism among workers is especially useful for assessing the occurrence of some illnesses, such as influenza. Health-related workplace absenteeism data add to the traditional influenza surveillance conducted by CDC, which is mainly based on disease reporting from doctors and laboratory testing.

During flu season, many people will get sick, but not go to a doctor. Often, people who are sick won’t go to work, which is why absenteeism data can be a good resource for monitoring outbreaks. We know that the amount of health-related absenteeism is strongly related to the amount of influenza-like illness occurring at about the same time. Because of this, absenteeism provides additional information to measure the overall impact of influenza outbreaks and pandemics.

Source: https://www.cdc.gov/niosh/topics/absences/default.html

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**Sample Absentee Reporting System Form**

- Provides data on total absenteeism, illness
- Record influenza-like illness (ILI) symptoms: fever and cough and/or sore throat

<table>
<thead>
<tr>
<th>Total Number of Employees:</th>
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<tbody>
<tr>
<td>___________________________</td>
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</table>

<table>
<thead>
<tr>
<th>Employee Absences Influenza-like illness (ILI):</th>
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<tbody>
<tr>
<td>___________________________</td>
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</table>

<table>
<thead>
<tr>
<th>Employee Absence Other:</th>
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<tbody>
<tr>
<td>_________________________</td>
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</table>

<table>
<thead>
<tr>
<th>Employee Absence Unknown:</th>
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<tbody>
<tr>
<td>_________________________</td>
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</table>

<table>
<thead>
<tr>
<th>Employee Illness (due to Influenza-like illness)</th>
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</thead>
<tbody>
<tr>
<td>___________________________</td>
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</tbody>
</table>
Help prevent the spread of respiratory viruses like COVID-19 and flu.

**What are the symptoms?**

- Fever
- Cough
- Shortness of breath

**How is it prevented?**

- Wash hands often
- Avoid touching eyes, nose or mouth with unwashed hands
- Avoid contact with sick people
- Stay home while you are sick; avoid others
- Cover mouth/nose with a tissue or sleeve when coughing or sneezing
- Clean and disinfect frequently touched objects and surfaces
## CREATE A HOUSEHOLD PLAN OF ACTION

### SHARE THE PLAN OF ACTION

| Talk with the people who need to be included in your plan. | Create an emergency contact list. |
| Identify community resources. | Plan ways to care for those who might be at greater risk for serious complications. |

### HEALTHY HABITS

Practice everyday preventive actions now.
Choose a room in your home that can be used to separate sick household members from those who are healthy.

### SCHOOL OR WORKPLACE

Learn about the emergency operations plan at your child’s school or childcare facility.
Learn about your employer’s emergency operations plan.

### BE READY AND PREPARE

Store a two week supply of water and food.
Check your regular prescription drugs to ensure a continuous supply in your home.
Have any nonprescription drugs and other health supplies on hand, including pain relievers, stomach remedies, cough and cold medicines, fluids with electrolytes, and vitamins.
Get copies and maintain electronic versions of health records from doctors, hospitals, pharmacies and other sources and store them.
Talk with family members and loved ones about how they would be cared for if they got sick, or what will be needed to care for them in your home.

### TURN YOUR PLAN TO ACTION

Stay home if you are sick.
Continue practicing everyday preventive actions.
Use the separate room and bathroom you prepared for sick household members.
Stay in touch with others by phone or email.
Take care of the emotional health of your household members.
Stay informed about local COVID-19 activity.

### WORK SCHEDULE

Notify your workplace as soon as possible if your schedule changes.

### PROTECT YOUR CHILDREN

If your child/children become sick with COVID-19s, notify their childcare facility or school.
Keep track of school dismissals in your community.
Discourage children and teens from gathering in other public places while school is dismissed to help slow the spread of COVID-19 in the community.
Center For Disease Control (CDC)

Coronavirus Disease 2019 Website

Interim Guidance:
Get Your Household Ready for Coronavirus Disease 2019 (COVID-19)
Businesses and Employers to Plan and Respond to Coronavirus Disease 2019 (COVID-19), February 2020
Get Your Mass Gatherings or Large Community Events Ready for Coronavirus Disease 2019 (COVID-19)

Illinois Department of Public Health

Coronavirus Disease 2019 Website
www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus

Illinois Novel Coronavirus 24/7 Hotline and Email Address
For questions about Coronavirus call or email:
(1 (800) 889 - 3931
DPH.SICK@ILLINOIS.GOV
24 hours a day, seven days a week.

DuPage County Health Department

Coronavirus Disease 2019 Website
www.dupagehealth.org/590/Coronavirus-Information

Communicable Disease and Epidemiology Program
(630) 221 - 7553 (8:00 a.m. - 4:30 p.m.)
(630) 682 - 7400 (After Hours)
DuPage County residents and healthcare professionals with concerns about exposure or specific symptoms are encouraged to call the DCHD Communicable Disease and Epidemiology Program.

Behavioral Health Crisis Hotline
(630) 627 - 1700
For anyone feeling emotional distress or in need of emotional support, the Health Department’s Behavioral Health Crisis Hotline is available 24 hours a day, 7 days a week, 365 days a year.
Clean Your Hands!

How to wash your hands with soap and water:
• Use soap and warm, running water.
• Keep fingers pointing down.
• Rub hands vigorously for 20 seconds. Wash all surfaces:
  • Backs of hands
  • Wrists
  • Between fingers
  • Tips of fingers
  • Thumbs
  • Under fingernails
• Dry vigorously with paper or clean cloth towel.
• Turn off faucet with towel and open door with towel.

How it works:
• The soap suspends the dirt and soils.
• The friction motion helps pull dirt and greasy or oily soils free from the skin.
• Warm running water washes away suspended dirt and soils that trap germs.
• Final friction of wiping hands removes more germs.

Wash your hands with soap and water when your hands are visibly soiled.
If soap and water is not available, use alcohol-based handrub (wipes or gel).

How to clean your hands with an alcohol-based handrub:
• Apply a dime-sized amount of handrub gel to the palm of one hand or use an alcohol-based handrub wipe.
• Rub hands together covering all surfaces of hands and fingers until handrub is absorbed.

How it works:
• Acts quickly to kill microorganisms.
• Reduces bacterial counts on hands.

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